

CREATE YOUR DREAM LIFE

Imagine that you are living the life that you have always dreamed of *right now* in this moment.

You did it!

You accomplished all that you ever imagined!

I want you to imagine that someone is coming to interview about how you were able to create this life.

(It is SO IMPORTANT TO see these things in DETAILS)

PLANNING

You've made it and you are finally free. What does it feel like to be you? What does it feel like to be living your life? Describe the emotions you experiencing.

What are you doing?

How does your body feel? Healthy, strong, vibrant?

When you look around, what is surrounding you?

What do you smell?

What do you see?

Is there anyone around you? How are they interacting with you? Are they happy to see you? How are you interacting with them?

Who do you live with? By yourself? With a significant other?

Do you have a child or children? What are they like? What sex are they? What are their ages?

Do you have a pet? What kind? What's the pet's name?

Where do you live?

What does your house look like?

What do you see when you look out your window?

What was it about this location that attracted you to it?

What kind of car would you drive? Do you have more than one? What does it feel like to drive them?

What time do you wake up?

What do you do in the morning?

What do you have for breakfast?

What thoughts do you have in the morning?

How do you spend the first half of the day?

What do you have for lunch?

Who do you eat lunch with?

What are your friends like?

What do you talk about?

DEEPER STUFF

When you look in the mirror, what do you see? Confidence, smile, etc.

What would you do for personal fulfillment?

What life purpose would you strive towards?

You are accepted by others just for who you are. What does that feel like?

What are you doing professionally?

Are you working for someone else or are you working for yourself?

If you are working for yourself, what type of business do you own?

What are your work hours?

How much income do you make?

Are you debt free? What does that feel like?

What are your clients like?

THE REALLY DEEP STUFF

What are your relationships like?

Who is in your close circle?

Who do you spend the most time with?

What do you do for family time?

How do you wind down?

What would you do at night?

What are your thoughts before you go to sleep?

THE PASSIONATE-PRENEUR

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